

COSMETIC MEDICAL SERVICES

CONSULTATIONS REQUIRED

Neuromodulators unit price \$9.99
(Botox, Dysport, Xeomin, Nuceiva)
*Total price confirmed with treatment

Dermal fillers

HA Filler \$399 - \$599
*Package pricing available

Regenerative Treatments

Radiesse
Sculptra Face
Sculptra Buttock Lift (Per Vial) \$600 - \$925
*Package pricing available

PRP (Platelet-Rich Plasma)
Under eye, Hair or Face \$549 - \$600

HA Skin Boosters \$670

MEDICAL AESTHETIC SERVICES

CONSULTATIONS REQUIRED

Medical Microneedling

Full Face \$300
(Other areas quoted on request)

Skin Tightening

ThermiSmooth x4 \$1800
ThermiTight (Neck Lift) Combo \$5000
*Exact price confirmation at consultation
*Package pricing available

Ultherapy

\$750 +
Deep tissue focused ultrasound technology to stimulate the formation of new collagen, to lift and tighten the skin without surgery.
*Exact price confirmation at consultation
*Package pricing available

EMSculpt NEO

This 2-for-1 Muscle toning treatment is the newest technology designed to eliminate fat cells AND build muscle non-invasively in the area with a series of treatments.

Per zone/per treatment \$800

*Package pricing available

EMFACE



EMFACE

Offers non-invasive lifting, tightening & Neck tuck
*Pricing available at consultation

EXION

Fractional RF Microneedling

Skin tightening microneedling with RF and medical microneedling combined, for rejuvenation, scarring, stretch marks & pigmentation
*Exact Price Confirmation at Consultation

RF&Ultrasound HA Booster

Non-invasive Hyaluronic Acid boost for better skin quality
*Exact price confirmation at consultation

RF & Ultrasound with Cooling

Non-invasive Body sculpting deep focused tissue heating then cooling to treat both skin and localized fat deposits

Clear – Skin Resurfacing

Excellent option for stubborn wrinkles and lines, great to renew aging, crepe and dull skin. Similar to CO₂ laser resurfacing with less downtime
*Exact price confirmation at consultation

**CUSTOMIZED PACKAGE PRICING
AVAILABLE FOR ALL SERVICES
TO MEET YOUR INDIVIDUAL NEEDS**

LASER TREATMENTS

Photo Rejuvenation Treatment

Intense Pulse Light (IPL) \$350
Photo Dynamic Therapy Face \$685
Multi Dimensional Therapy Face \$850
*Package pricing available

*Levulan add on any area \$500

Pixel Laser Treatment

Treatment for rejuvenation, scarring, stretch marks & pigmentation
Full Face \$500+
*Package pricing available

Laser Vein Treatment

Vein Treatment \$300+

Laser Hair Reduction/Removal

Intense Pulse Light and Diode Laser hair reduction/removal. Pricing is per area and requires an in-person consultation and evaluation.
* Exact price confirmed at consultation.

Q-Switched Tattoo Removal

Laser Treatment per session \$100+
(Per square inch)



Acne Treatment

BLU-U per 30 min session alone \$40

Ear Piercing (Age 5+)

Ear Lobes (Includes set and Cleanser) \$99

CLINICAL SERVICES

CONSULTATIONS REQUIRED

Chemical Peels \$75 - \$150

Various strengths & combinations available

Facials

Signature Spa Facial \$99
This Signature Facial is designed specifically for your skin type. A Skin Type Analysis is followed by deep cleansing, exfoliation, mask and relaxing neck, shoulders & décolleté, arm & hand massage.

Brilliance Facial \$155

Combining a signature spa facial with LED light Therapy to give your skin the brightness it deserves

BelaMD Facial \$199

This Enzyme Infused Facial will not only help your skin look fresher and more radiant, but will hydrate your skin for a refreshed appearance and glowing complexion.



Derma-Planing

Derma-Planing Only \$80
Derma-Planing Facial Combo \$130

Microdermabrasion

Full Face Microderm \$80
Microderm Facial Combo \$130

Natural Mineral Make-up with SPF 20+

Jane Iredale Cosmetics
ColoreScience

SPA SERVICES

Waxing

Brows	\$25	Regular Bikini	\$40
Chin	\$16	French Bikini	\$50
Upper Lip	\$16	(Other areas quoted upon request)	
Under Arms	\$25		

Lash & Brow Services

Lash Tint	\$30
Brow Tint	\$25
Lash & Brow Tint Combo	\$55
Brow Wax & Tint Combo	\$45
Lashlift & Tint	\$85
Lashlift only	\$75

Foot Health Care

Advanced Diabetic and specialized foot care offered with a registered LPN \$75

All Pricing is Per Treatment Only | Prices may change without notice | Package Pricing Available Upon Request | Applicable Taxes Not Included in Prices | All Pricing in

Canadian Funds | Gift Certificates Available | Monthly Specials | Major Credit Cards Accepted

WHO WE ARE

"My practice is firstly medical, so ethical standards are extremely important and treatments must always be in the patient's best interests. It's all about education, how medical aesthetic procedures work, what to expect, the safety, the risks, and what the path will be going forward.

The field I work in is not a quick fix, it works with the body to achieve good results — it's a slow and steady process of reversal of symptoms by treating the cause."

Dr Renier van Aardt



Dr. Renier van Aardt MD

In the two decades since Dr. Renier van Aardt, entered the field of cosmetic medicine, this fascinating area of practice has become an important part of countless people's lives — restoring confidence, correcting problems, and treating patients from the inside out.

One of the very first physicians in Canada to administer Botox and Dermal Fillers, he is now among the top physician injectors in Canada. Dr. van Aardt is passionate about helping people look and feel their best.

Dr. Benjamin Taylor M.D., FRCSC

Face & Neck cosmetic surgery consultations available with referral

Expert Cosmetic Medical Nurse Injectors

With over a decade of specialized experience in non-surgical cosmetic medical treatments, our team of skilled professionals is dedicated to enhancing your natural features with an artistic touch. Our primary goal is to create beautiful results that boost your self-confidence and make you feel safe and comfortable throughout your journey.

Trust us to deliver exceptional care, tailored to your individual needs and achieve the stunning results you desire. Welcome to a world of aesthetic excellence and personalized care.



Medical Aesthetic Service Providers

Our exceptional Service Providers with a combined experience of over 45 years in Medical Aesthetics are here to assist you. With a wealth of expertise in the field, they offer top-notch cosmetic treatments, innovative procedures, and personalized skin care.

Their vast knowledge guarantees safe and effective solutions for various facial aging and cosmetic concerns, delivering remarkable outcomes.

These dedicated professionals are committed to enhancing clients' confidence and well-being through their unparalleled skills and cutting-edge techniques.



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Tattoos & Veins

Medical Consultation Fee	\$50
Clinical Consultation Fee	\$25

* Fee Discount: Consultation fee applied as a discount on your first service within six months!

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Truro Medi-Spa

Cosmetic Medicine, Wellness & Clinical Skin Care

RESTORE & REFRESH



PREVENT



REJUVENATE & ENHANCE

Cosmetic Medical Clinic