

CLINICAL SERVICES

Chemical Peels *Consult Required*
Various strengths & combinations available \$75 - \$150

Facials

Signature Spa Facial \$95

This Signature Facial is designed especially for your skin type. A Skin Type Analysis is followed by deep cleansing, exfoliation, mask and relaxing neck, shoulders & décolleté, arm & hand massage.

Brilliance Facial (with Peel) \$125

BelaMD Facial \$199

This Enzyme Infused Facial will not only help your skin look fresher and more radiant, but will hydrate your skin for a refreshed appearance and glowing complexion.



Derma-Planing

Derma-Planing Only \$65

Derma-Planing Facial Combo \$120

Microdermabrasion

Full Face Microderm \$80

Microderm Facial Combo \$120

Microblading

Consult Required (Free)

3D Brows Includes First Touch-up \$550

Touch up within 1.5 Years \$300

Jane Iredale Cosmetics

Natural Mineral Make-up with SPF 20+



FULL SPA SERVICES

Hand Care

Mini Manicure \$35

Full Manicure \$55

Scrub & Paraffin Add on \$15

Foot Care

Mini Pedicure (With Polish) \$45

Sport Pedicure (No Polish) \$60

Full Pedicure \$75

Foot Peel Pedicure \$95

Toe Brace (Per Brace) \$25

Scrub & Paraffin Add on \$15

Hand & Foot Care (Add On)

Shellac/Gel Polish \$20

Shellac/Gel Polish removal \$20

French Tip \$15

Waxing

Brows \$25 Full Back/Chest \$55

Chin \$16 Regular Bikini \$40

Upper Lip \$16 French Bikini \$50

Sides of Face \$20 Brazilian Bikini \$65

Under Arms \$25 Upper Leg \$42

Forearms \$30 Lower Leg \$42

Full Arms \$46 Full Leg \$75

Tinting of Facial Hair

Lash Tint \$28

Brow Tint \$24

Lash & Brow Tint \$45

Brow Wax & Tint Combo \$40

Brow Lamination

Lamination of Brow & Tint & Wax \$85

Lash Lift

Perm & Tint \$83

Perm only \$75

Ear Piercing (Age 5+)

Ear Lobes \$55

Upper Ear (X1) \$55

MEDICAL AESTHETIC SERVICES

Botox (Neuromodulators)

Price per unit \$11

**Total Price confirmed with Treatment*

Dermal fillers

HA Filler (per syringe) \$750

Radiesse (per syringe) \$825

Sculptra Face (per vial) \$925

Sculptra Buttock Lift (per vial) \$600

V2 Skin Booster (pkg price available) \$670

PRP (Platelet-Rich Plasma)

Face or Hair Treatment \$700

PRP Facial \$700

Medical Microneedling

Full Face \$300

**Other areas quoted on request*

Skin Tightening

Starting at

ThermiSmooth x4 \$1800

ThermiTight (Neck Lift) \$4200

**Exact Price Confirmation at Consultation*

EMSculpt NEO

Per Zone/Per Treatment \$850

Package Pricing Available

This Body Sculpting treatment is the newest technology designed to eliminate at cells AND build muscle non-invasively in the area with a series of treatments.



MEDICAL AESTHETIC SERVICES

Acne Treatment

BLU-U per 30 min session alone \$40

Photo Dynamic Therapy (PDT) \$680



Photo Rejuvenation Treatment

*Intense Pulse Light (IPL) Treatment for broken capillaries & sun damage. *Package Pricing available*

Full Face (Other areas upon request) \$350

Follow-up Maintenance \$250

Multi Dynamic Therapy (MDT)

**with Levulan add on \$380*

Pixel Laser Treatment

Treatment for scarring, stretch marks & pigmentation

Full Face \$500

Package X5 \$2000

Laser Vein Treatment

Intense Pulse Light (IPL)

Vein Treatment \$300+

Laser Hair Reduction/Removal

Intense Pulse Light (IPL) & Diode Laser hair reduction/removal. Pricing is per an area and requires an in-person consultation and evaluation. Consults free. Exact Price confirmed at consultation.

Tattoo Removal

Laser Treatment per session \$100+

**Per square inch*

All Pricing is Per Treatment Only | Prices may change without notice | Package Pricing Available Upon Request | Applicable Taxes Not Included in Prices | All Pricing In Canadian Funds | Gift Certificates Available | Monthly Specials | Major Credit Cards Accepted

WHO WE ARE



Dr. Renier van Aardt MD

In the two decades since Dr. Renier van Aardt entered the field of cosmetic medicine, this fascinating area of practice has become an important part of countless people's lives — restoring confidence, correcting problems, and treating patients from the inside out. One of the very first physicians in Canada to administer Botox and dermal fillers, he is now among the top physician injectors in Canada. Dr. van Aardt is passionate about helping people look and feel their best.

"My practice is firstly medical, so ethical standards are extremely important and treatments must always be in the patient's best interests. It's all about education, how medical aesthetic procedures work, what to expect, the safety, the risks, and what the path will be going forward. The field I work in is not a quick fix, it works with the body to achieve good results — it's a slow and steady process of reversal of symptoms by treating the cause."

Dr Renier van Aardt

Face & Neck cosmetic surgery consultations available with,
**Dr. Benjamin Taylor M.D.,
FRCSC**
The surgeon on our team



Aundrea Ritchie RN

Aundrea Ritchie has over a decade of experience and knowledge in health care. Aundrea's passion for non-surgical cosmetic medicine has grown into a blossoming business, Aundrea Nurse Incorporated, and fueled her desire to be a specialist and leader in the medical aesthetics industry and she continues to develop her expertise. With a soft, artistic touch that creates effortlessly beautiful results that enhance each patient's natural features, Aundrea is a sought-after cosmetic injector who consistently delivers safe, beautiful, and desirable outcomes.



Melissa Braband RN

With over 15 years of experience in the beauty industry, first as a stylist and salon owner, then as a registered nurse, Melissa Brabant, compliments our medical team with a strong creative flare and business sense. Melissa brings her artistic eye, caring approach, and love of nursing to every client, improving their self-confidence and making them feel safe and comfortable. Her approachable personality and enthusiasm for the medical cosmetic field makes Melissa a valuable member of Dr. van Aardt's team.

TRURO MEDI-SPA
63 Queen Street, Truro, NS

reception@nslaser.com

PH: 902 893 7613

Toll Free: 888 421 5011

www.truromedispa.com
www.drvanaardt.com



PROVIDING IMAGE RENEWAL

Non-Surgical Facelifting
Non-Surgical Body Sculpting
Botox & Dermal Fillers
Clinical Skin Treatments
Laser for Skin, Hair, Tattoos & Veins

VIRTUAL & IN-HOUSE CONSULTATIONS AVAILABLE

**All consultations
are complimentary.
Book yours today!**



Truro Medi-Spa Cosmetic Medicine & Clinical Skin Care

RESTORE & REFRESH
PREVENT



REJUVENATE
ENHANCE

Clinical Day Spa