

To ensure the success of the gradual, long-lasting effect of Sculptra, it is important that you comply with the aftercare instructions provided by your Service Provider after every treatment session:

1. Apply ice (in a clean washcloth or an ice pack) to the treated area intermittently after treatment to minimize swelling. Avoid direct contact of the ice with the skin. This can be done 2 to 5 times daily for 5 minutes at a time for 1 to 3 days or until the swelling has completely resolved.
2. Thoroughly massage the treated area for 3 minutes, 3 times daily for 3 days after each treatment session. This will allow for an even distribution of the product and ensure a natural-looking correction.
3. Use a lubricating cream to help reduce the friction on the skin surface during massaging.
4. Makeup may be applied a few hours after treatment if no complications are present like redness and or any swelling. Mineral makeup are recommended.
5. Minimize exposure of the treated area to excessive sun or ultraviolet light until any initial swelling and redness have disappeared.
6. Should there be any specific instructions for you from your Service Provider it will be listed here:

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7. Multiple treatments are necessary with Sculptra, therefore after each treatment session, you **must** make an appointment with this Medi-Spa for your next evaluation and/or treatment within 4 to 6 weeks or as indicated by your Service Provider.

Side Effects:

1. The most common side effects with the use of Sculptra include injection-related side effects at the site of injection such as bleeding, tenderness or pain, redness, bruising, or swelling. These effects generally resolve within 1 to 15 days.
2. One possible delayed side effect with Sculptra can be small bumps under the skin in the treated area. These bumps may not be visible, and you may notice them only when you press on the treated skin. These bumps tend to happen within the first 6 to 12 months after the treatment. These bumps go away on their own and usually do not require treatment and have no symptoms.
3. Visible bumps, sometimes with redness or color change to the treated area, have also been reported. As with all procedures that involve an injection through the skin, there is a risk of infection.

**If you have any questions or concerns please contact this Medi-Spa.
902-893-7613**