

What to expect during and immediately after Radiesse hand rejuvenation treatment:

- Radiesse is a volumizing filler that is injected into the skin of the hands to soften creases or folds, support areas of volume loss so they have a younger appearance.
- Local numbing medication may be used to maximize your comfort during the procedure. Most patients report only mild discomfort typically associated with needle injections.
- You may experience a mild to moderate amount of stinging or aching sensation post injection.
- To ensure an even correction, the Service Provider will massage the area treated, which may cause a temporary, minimal to moderate amount of redness to your skin.
- Bruising at the site of injection is a commonly reported side effect. To minimize bruising, inform your provider if you use blood thinners such as Ibuprofen, aspirin or herbal preparations, prior to your procedure.
- Temporary minimal to moderate swelling can be expected. Swelling can persist for 2-3 weeks in some patients, and may begin 1-2 weeks after the treatment. Warm packs and hand elevation can help reduce swelling.
- It is normal to experience some tenderness at the treatment site for a few days.

Post Treatment Checklist:

- ✓ It is normal to feel "firmness" at the injection site for a few days. The area will soften over time, leaving your hands with a soft and natural look.
- ✓ Many patients return to their normal routine/activities immediately after treatment. Consult your provider for his/her recommendation.
- ✓ If necessary, apply a warm pack or compress to the injection area after treatment to help reduce swelling. When possible, elevate your hands, which will also help reduce swelling.
- ✓ Sunbathing, or excessive UV exposure should be avoided until the redness or swelling have subsided.
- ✓ The injection area may also be gently washed a few hours after treatment, avoiding aggressive scrubbing or rubbing.
- ✓ Immediately report any worsening or persistent symptoms or side effect to your Service Provider.

As this Med-Spa is under the direct order of an attending physician should you have any queries or symptoms please contact us at 902-893-7613.