



MICRO-NEEDLING - POST CARE INFORMATION

As you have had your Micro-Needling/Derma-Rolling treatment done today and we would like to remind you of some of the post care information that was discussed during your consult.

After your Micro-Needling/Derma-Rolling treatment it is important to follow the following recommendations to ensure optimal results of your treatment.

- It is important not to touch the treated area for 24 hours after the service. The skin is susceptible to any bacteria which may be on your hands.
- Continue gently for up to 72 hours with skin care regime. Do not rub skin.
- Continue after this with your skin care regime as recommended for the duration of your treatment series.
- Be sure to schedule future treatments to ensure the proper length of time between treatments to achieve peak results.
- Do not exercise on the day of your treatment.
- After Micro-Needling/Derma-Rolling treatment you may use mineral make-up but NO other foundation can be applied to the skin the day of your treatment.

**If you have any questions or concerns please contact the office.
902-893-7613**