

You have had your Neuromodulator treatment today and we would like to remind you of some of the post care information that was discussed at your consult.

For maximal results, it is recommended that after receiving any Neuromodulator treatment, you maintain an **upright posture for at least 4 hours**. During this time it is also recommended that the treated area must **not be rubbed or massaged**. You are advised to **actively move the treated areas for one hour**, as this help to increase the Neuromodulator-targeted muscles response to the treatment.

After a Neuromodulator is injected into the targeted muscles, the weakening effect gradually begins over the next 3-5 days, and is not complete for up to 2 weeks. Therefore optimal results are not seen for at least 2 weeks and/or in some clients longer.

It is important to be aware of the side-effects of a Neuromodulator, however there are no permanent known side effects to a Neuromodulator treatment. There are, however, several well-known **temporary** side effects. These include the following:

- \* Bruising
- \* Dull Headache
- \* Swelling or irritation at the injection site
- \* Brow ptosis (drooping of eyebrow) or eyelid ptosis (drooping of eyelid) are normally related to the treatment area, some people have this naturally that is why pre- and post-photographs will be taken

By contacting the office if any of these occur we can assist you regarding it. Spock Brow can easily be corrected, please contact us. Asymmetry is also temporary. Rare side-effects include: Twitching, Hoarseness and difficulty swallowing when neck area is treated with high doses, Double or blurry vision, this is temporary.

Should you experience any of these and it is a concern for you please do not hesitate to contact our office or your attending physician or nurse.

Upon leaving the clinic today all patients must book a re-evaluation and post photographs two weeks after the treatment.

**If you have any questions or concerns please contact the office.  
902-893-7613**