

## Who We Are

### Dr. Renier van Aardt MB, ChB, CCFP

Has degrees in Medicine and Surgery, devoting his time to the practice of Aesthetic Medicine. He has trained internationally to become one of the top injectors in Canada, contributes to professional organizations, medical texts and provides training to other professionals in Canada & overseas. He is also the current president of the Canadian Association of Aesthetic Medicine.



### Aundrea Trevors RN, BN BA

Dedicated nurse injector concentrating her career on medical aesthetics. Educating other injectors nationally and internationally while attending continuing conferences to remain one of the top nurse injectors in the Atlantic region. Her artistic talent and passion specializes her in anti aging, prevention, and beauty.



## Spotlight on Thermi



Thermi is a world leader in non surgical thermistor-regulated energy solutions for aesthetics, dermatology and women's health.

Book a free consultation with Dr. van Aardt & nurse Aundrea Trevors, RN to learn more about these treatments and how you may benefit!

## Monthly Newsletter

Sign up by our web page  
[www.truromedispa.ca](http://www.truromedispa.ca)  
to receive monthly specials & news.

**Consultations are Complimentary!**  
**Book yours today!**

All Pricing Is Per Treatment Only | Prices may change without notice |  
Package Pricing Available Upon Request | Applicable Taxes Not Included  
In Prices | All Prices In Canadian Funds | Gift Certificates Available |  
Monthly Specials | Major Credit Cards Accepted |

## Dr. van Aardt

Cosmetic Medicine & Clinical Skin Care

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email: [info@nslaser.com](mailto:info@nslaser.com)  
[www.truromedispa.com](http://www.truromedispa.com)



### PROVIDING IMAGE RENEWAL:

Non-surgical Facelifting  
Non-surgical Body Sculpting  
Botox Cosmetic & Fillers  
Clinical Skin Treatments  
Laser for Skin, Hair, Tattoos, Veins

## CLINICAL SERVICES

### Chemical Peels

Vivier Peel	\$ 75
Vivier Jessner Peel	\$ 150
Vivier Brilliance Facial	\$ 125

### Facials

**Signature Spa Facial** \$ 85

This Signature Facial is designed especially for your skin type. A Skin Type Analysis is followed by deep cleansing, exfoliation, mask and relaxing neck, shoulder & décollete, arm & hand massage.

**Express Renewal Facial** \$ 60

**Acne Facial w/ Blu-u** \$ 95

**Derma-Planing** \$ 60

Removal of unwanted Facial "peach fuzz" combined with a basic facial cleanse and tone.

**Derma-Planing Facial** \$ 105

### Microdermabrasion

Full Face Microderm \$ 75

Microderm Facial Combo \$ 115

### Microblading - 3D Brows

A manual "hand" method of permanent cosmetics for your eyebrows which creates extremely fine natural looking hair strokes. The results? Perfectly natural looking, thick, full brows. \$ 500

Touch up within first year \$ 75

Retreat between 1-2 years \$ 250



### Massage Therapy

Therapeutic / Relaxation 60 min. \$ 85

Therapeutic / Relaxation 90 min. \$ 110

Hot Stone 60 min. \$ 90

Pregnancy 60 min. \$ 85

## FULLDAY SPA SERVICES

### Hand Care

Mini Mani \$ 28 Full Manicure \$ 40

Ultimate Moroccanoil Manicure \$ 50

Shellac or Gel Polish Add On \$ 15

Shellac or Gel Polish Removal \$ 15

French Tips - Hands or Feet \$ 10

### Foot Care

Mini Pedi \$ 30 Full Pedicure \$ 55

Ultimate Moroccanoil Pedicure \$ 65

### Waxing

Brows \$ 20 Full Back/Chest \$ 50

Chin \$ 15 Reg. Bikini \$ 30

Upper Lip \$ 13 French Bikini \$ 40

Sides of Face \$ 18 Brazilian Bikini \$ 62

Under Arms \$ 25 Upper Leg \$ 45

Fore Arms \$ 27 Lower Leg \$ 37

Full Arms \$ 42 Full Leg \$ 72

### Tinting of Facial Hair

Lash Tint \$ 25 Brow \$ 18

Lash & Brow Tint \$ 40

### Lash Lift (Perm & Tint) \$ 65



### Lash Extensions (Misencil)

Full Set \$ 150

Touch up / Refill within 2-3 weeks \$ 65

### Ear Piercing

Ear Lobes \$ 35

Upper Ear (x1) \$ 35

## MEDICAL AESTHETICS SERVICES

### Skin Tightening

starting at \*

Thermage - Full \$ 2500

Thermage - Eye \$ 1600

ThermiSmooth \$ 1800

ThermiTight \$ 3999

\* Exact Price confirmed at Consultation

### Botox & Xeomin

(Price per unit) \$ 11

### Dermal Fillers

Radiesse (per syringe) \$ 800

Sculptra (per vial) \$ 925

Monophasic HA filler syringe \$ 750

small syringe \$ 150

### Acne Treatment

BLU-U per 30 min session alone \$ 40

Photo Dynamic Therapy (PDT) \$ 500

### Photo Rejuvenation Treatment

Full Face (Other areas upon request) \$ 350

Follow-up Maintenance \$ 250

EXTRA: Add PDT (Levulan) \$ 380

\* Pkg Prices Available

### Vein Treatment

Intense Pulse Light Vein Treatments \$ 300

and +

### Laser Hair Reduction/Removal

Pricing is individual per person, per treatment and area does require a consultation and evaluation.

See Consultant for pricing

### Tattoo Removal

Laser treatment per Treatment per session \$ 100

(per square inches) and +

### Medical Microneedling

Full Face \$ 300

(Other areas quoted upon request)

We're proud to be a full-service medi-spa and full day spa, offering a full range of services to complement our medical aesthetics and laser treatments.

Our serene, European inspired spa offers you a retreat from the day-to-day so you can leave feeling refreshed and beautiful.

Not sure what treatment is best for you - Book a Complimentary Consultation - Our staff are willing to answer any questions regarding procedures.

Here you will see many of the great services we offer to help you look your best!



### Jane Iredale Cosmetics

Natural Mineral make-up with SPF 20+.

Complimentary Touch up Make-up with most treatments.

Make-up Lesson \$ 45

Special Occasion Make-up \$ 30