Who We Are

Dr. Renier van Aardt MB, ChB, CCFP
Has degrees in Medicine and Surgery, devoting his time to the practice of Aesthetic Medicine. He has trained internationally to become one of the top injectors in Canada, contributes to professional organizations, medical texts and provides training to other professionals in Canada & overseas. He is also the current president of the Canadian Association of Aesthetic Medicine.

Aundrea Trevors RN, BN BA
Dedicated nurse injector concentrating her career on medical aesthetics. Educating other injectors nationally and internationally while attending continuing conferences to remain one of the top nurse injectors in the Atlantic region. Her artistic talent and passion specializes her in anti aging, prevention, and beauty.

Spotlight on Thermi

Thermi is a world leader in non surgical thermistor-regulated energy solutions for aesthetics, dermatology and women’s health.

Book a free consultation with Dr. van Aardt & nurse Aundrea Trevors, RN to learn more about these treatments and how you may benefit!

Monthly Newsletter

Sign up by our web page www.truomedispa.ca to receive monthly specials & news.

Consultations are Complimentary! Book yours today!

All Pricing Is Per Treatment Only / Prices may change without notice / Package Pricing Available Upon Request / Applicable Taxes Not Included In Prices / All Prices In Canadian Funds / Gift Certificates Available / Monthly Specials / Major Credit Cards Accepted
CLINICAL SERVICES

Chemical Peels
- Vivier Peel $75
- Vivier Jessner Peel $150
- Vivier Brilliance Facial $125

Facials
- Signature Spa Facial $85
  This Signature Facial is designed especially for your skin type. A Skin Type Analysis is followed by deep cleansing, exfoliation, mask and relaxing neck, shoulder & decollete, arm & hand massage.
- Express Renewal Facial $60
- Acne Facial w/ Blu-u $95
- Derma-Planing $60
  Removal of unwanted Facial "peach fuzz" combined with a basic facial cleanse and tone.
- Derma-Planing Facial $105

Microdermabrasion
- Full Face Microderm $75
- Microderm Facial Combo $115

Microblading - 3D Brows
- A manual "hand" method of permanent cosmetics for your eyebrows which creates extremely fine natural looking hair strokes. The results?
  Perfectly natural looking, thick, full brows.
- Touch up within first year $75
- Retreat between 1-2 years $250

Massage Therapy
- Therapeutic / Relaxation 60 min. $85
- Therapeutic / Relaxation 90 min. $110
- Hot Stone 60 min. $90
- Pregnancy 60 min. $85

FULLDAY SPA SERVICES

Hand Care
- Mini Mani $28 Full Manicure $40
- Ultimate Moroccanoil Manicure $50
- Shellac or Gel Polish Add On $15
- Shellac or Gel Polish Removal $15
- French Tips - Hands or Feet $10

Foot Care
- Mini Pedi $30 Full Pedicure $55
- Ultimate Moroccanoil Pedicure $65

Waxing
- Brows $20 Full Back/Chest $50
- Chin $15 Reg. Bikini $30
- Upper Lip $13 French Bikini $40
- Sides of Face $18 Brazilian Bikini $62
- Under Arms $25 Upper Leg $45
- Fore Arms $27 Lower Leg $37
- Full Arms $42 Full Leg $72

Tinting of Facial Hair
- Lash Tint $25 Brow $18
- Lash & Brow Tint $40

Lash Lift (Perm & Tint) $65

Lash Extensions (Misencil)
- Full Set $150
- Touch up / Refill within 2-3 weeks $65

Ear Piercing
- Ear Lobes $35
- Upper Ear (x1) $35

MEDICAL AESTHETICS SERVICES

Skin Tightening starting at *
- Thermage - Full $2500
- Thermage - Eye $1600
- ThermiSmooth $1800
- ThermiTight $3999

* Exact Price confirmed at Consultation

Botox & Xeomin
- (Price per unit) $11

Dermal Fillers
- Radiesse (per syringe) $800
- Sculptra (per vial) $925
- Monophasic HA filler (small syringe) $750

Acne Treatment
- BLU-U per 30 min session alone $40
- Photo Dynamic Therapy (PDT) $500

Photo Rejuvenation Treatment
- Full Face (Other areas upon request) $350
- Follow-up Maintenance $250
- EXTRA: Add PDT (Levulan) $380
  * Pkg Prices Available

Vein Treatment
- Intense Pulse Light Vein Treatments $300
  and +

Laser Hair Reduction/Removal
- Pricing is individual per person, per treatment and area does require a consultation and evaluation.
  See Consultant for pricing

Tattoo Removal
- Laser treatment per Treatment per session $100
  (per square inches) and +

Medical Microneedling
- Full Face $300
  (Other areas quoted upon request)

We're proud to be a full-service medi-spa and full day spa, offering a full range of services to complement our medical aesthetics and laser treatments.

Our serene, European inspired spa offers you a retreat from the day-to-day so you can leave feeling refreshed and beautiful.

Not sure what treatment is best for you - Book a Complimentary Consultation - Our staff are willing to answer any questions regarding procedures.

Here you will see many of the great services we offer to help you look your best!

Jane Iredale Cosmetics
Natural Mineral make-up with SPF 20+
Complimentary Touch up Make-up with most treatments.

Make-up Lesson $45
Special Occasion Make-up $30